

IMPRESS survey: First Results

The IMPRESS project collected data on stress at work from employees of four different European countries (Ireland, Latvia, Germany, and Spain). The total dataset comprised 856 responses, in detail 33,4 % from Latvia, 29,1% from Spain, 24,6% from Germany, and 12,9 % from Ireland with a mean age of the participants of 42,19 years. The mean age of the participants was highest in Ireland followed by Latvia, Spain, and Germany. In Latvia, Spain and Germany, the majority of participants was female whereas the majority in Ireland was male.

General observations: Germany and Ireland are often quite similar regarding their evaluations – whereas the result in Latvia often differs from them.

Stressors: Generally, ratings from Germany and Ireland are rather low stressful compared to other countries and the dimension that is rated the lowest is „team climate and co-operation“. This means that stressors from this category tend to be rated as not very stressful by many participants from Germany and Ireland. The highest stress ratings across all countries can be observed in the dimension “task”.

Resources: The ratings regarding the resources are quite similar across all countries. Generally, little resources seem to stem from the category leadership.

Negative outcomes: All countries show rather similar results regarding the evaluation of strain and the range is quite small. At an average, the participants seem to be stressed to some degree.

Positive outcomes: The ratings of the engagement and satisfaction items are quite similar across all countries as well and they all show generally high values which means that they seem to be quite engaged and satisfied with their work.

Further analysis of the results are foreseen in the future.

For more information please contact: Rita Berger: ritaberger@ub.edu.

DISCLAIMER

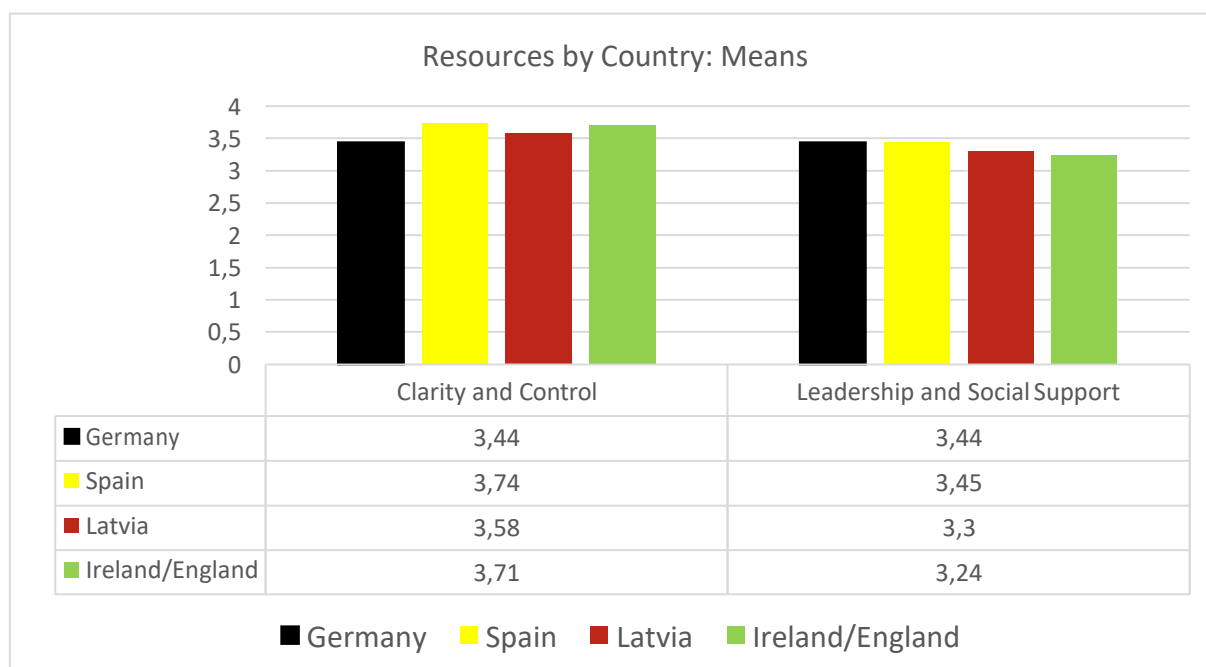
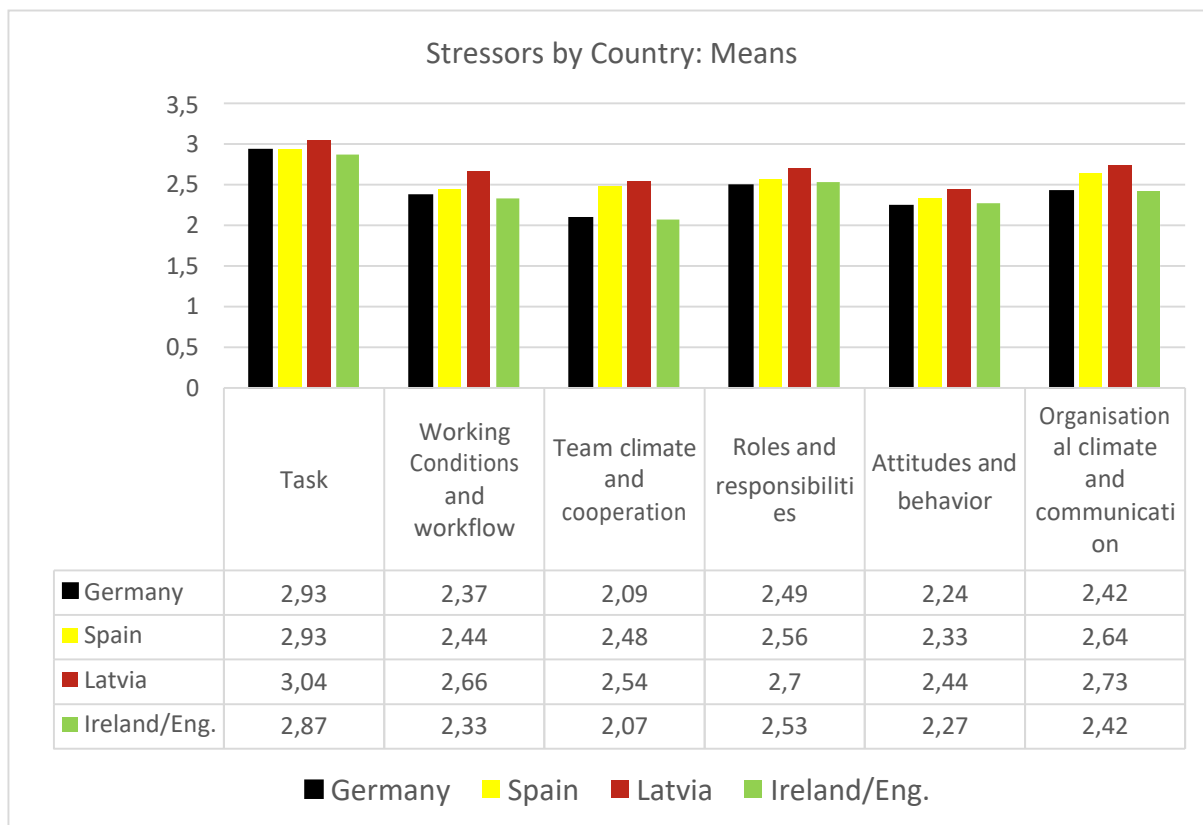
The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



DISCLAIMER

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

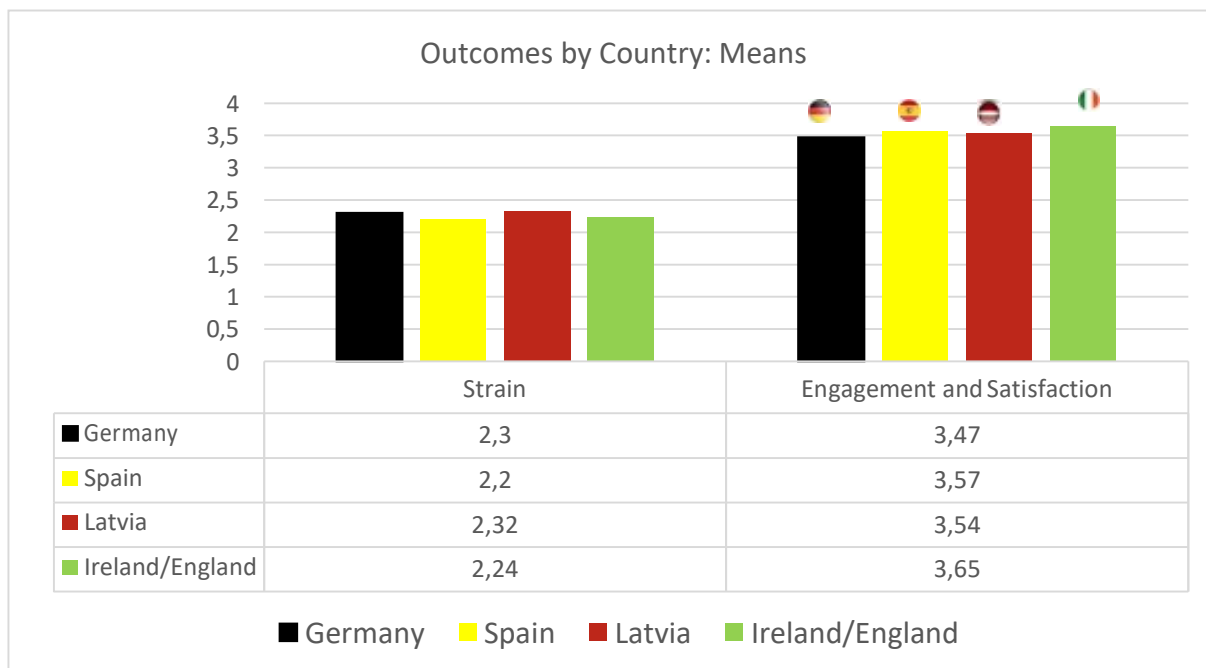




DISCLAIMER

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.





DISCLAIMER

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.



DISCLAIMER

The European Commission's support for the production of this publication does not constitute an endorsement of the contents, which reflect the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.

